

MONTHLY NEWSLETTER MARCH 2025 | Vol. XXXIX



VISION

"A literate, healthy and self-reliant Community"

MISSION

*Identify and work with socially and economically backward people, especially girls and differentlyabled;

*Enhance people's skills, especially of the youth;

*Promote community self-reliance through community participation.

ABOUT NIPUN

"NIPUN" - a Hindi word, meaning 'one who is skilled' - is a Non Government Organization founded by a group of socially conscious development workers in 2005.

Its primary aim is to enhance quality of life of the poor and the vulnerable children, youth and women are its target group, with physically and mentally challenged children and adult forming a priority category. Pre, Non-formal and Remedial Schools, Community Health Programmes and Promotion of Self Help Groups form its major strategies.

- Empanelled by National CSR Hubs of TISS
- Empanelled by Institute of Corporate Affairs
- Registered for undertaking CSR activities, Ministry of Corporate Affairs, Govt. of India (Reg no. CSR00004761)

SUPPORT

You can join our efforts by contributing your time, skills or money for strengthening and improving our programmes. You can also donate computers, books, toys, medicines, ration, furniture etc. for our various programmes. Please note that donations made to NIPUN are eligible for 50% tax exemption under Sec 80G of the IT Act.

A Celebration Filled with Joy & Giving!

The Kaicker family turned their son's birthday into a celebration of kindness by spending it with NIPUN's Balwadi children of the Day Care Centers. They brought smiles to the children with chocolates and made a lasting impact by donating a sound system to NIPUN.

Moments like these remind us that the best way to celebrate is by sharing happiness!



Batein Wahi, Andaz Naya – Life Skills Training for Adolescents

NIPUN, in collaboration with Modicare Foundation, conducted a 3-day Life Skills Training for adolescent girls, covering crucial topics like peer pressure, bullying, child sexual abuse, gender sensitization, POCSO Act, and HIV/AIDS awareness. Over 100 girls from the Empowering Girl Child Project, West Delhi participated with enthusiasm, gaining skills to make informed decisions and break societal myths.

A huge thank you to Mr. Rajesh from Modicare Foundation for his invaluable support in empowering the next generation!









HAPPY WOMEN'S DAY

Celebrating International Women's Day 2025 at NIPUN Day Care Center

At NIPUN Day Care Center, ATS Dolce, construction workers came together to celebrate International Women's Day 2025 with great enthusiasm and spirit! On this special occasion, daycare workers engaged in meaningful discussions on women's rights as enshrined in the Indian Constitution and various government schemes for women's empowerment. These conversations aimed to create awareness and encourage women to take charge of their rights and opportunities.

NIPUN is committed to the care and holistic development of children through its Day Care Center, ensuring a nurturing environment for the little ones while their parents work hard to build a better future. Wishing everyone a Happy Women's Day! Let's continue to uplift and empower each other.



Celebrating International Women's Day 2025: Empowering Women, Transforming Communities

The theme for International Women's Day 2025 – "For ALL Women and Girls: Rights. Equality. Empowerment." – resonates deeply with NIPUN's mission. Through our Empowering Girl Child Project, we are dedicated to supporting children aged 2 to 18 years in the J.J. Clusters of Meera Bagh, West Delhi, focusing on education, nutrition, scholarships, vocational training, legal and financial literacy, and life skills for holistic community development.

On this special occasion, the women of NIPUN came together to celebrate their strength and progress. The day began with a prayer, followed by an insightful session on the history and significance of International Women's Day, led by our dedicated staff. Women from the community shared their inspiring journeys of empowerment, highlighting the transformative impact of NIPUN's initiatives. A vibrant cultural program filled the atmosphere with joy, followed by an interactive address by NIPUN's Secretary to over a hundred community women in small groups. Discussions centered around government welfare schemes, the importance of higher education for children, community sanitation, and the role of Mahila Panchayat in ensuring women's rights and justice. The event concluded with a heartfelt celebration, as women were honored with gifts and took a pledge to ensure that every girl in their community receives an education.















Breaking Barriers: Education & Support for the Children of Rag-Picking Women

At NIPUN's Bal Vatikas - Day Care Center in South West Delhi, we celebrated International Women's Day by honoring the women engaged in rag picking—women who work tirelessly to support their families despite immense challenges. Their strength and perseverance inspire us every day. On this occasion, NIPUN emphasized the importance of education for their children and encouraged them to enroll eligible children in nearby Government/MCD schools while also availing the services provided by NIPUN at Bal Vatikas.

The target location is a home to a large population of migrant laborers from northern Indian states, is marked by poor living conditions, limited access to education and healthcare, and economic instability. Many families rely on unskilled labor and rag picking as their primary means of survival, struggling with low wages and lack of essential services.

Through Bal Vatikas - Day Care Centers, NIPUN remains committed to empowering children through education and care, creating a brighter and more secure future by Setting up crèches and day care centers, providing health and nutrition supplements, offering educational support, engaging with the community, and implementing economic empowerment initiatives.



Empowering Women Through Skill Development

The UMANG II Vocational Unit was inaugurated on March 5, 2025. The UMANG II project, supported by <u>#VisionBuilders</u>, aims to empower 200 underprivileged and unskilled adolescent girls and women in Kapashera through vocational training. We were honored to welcome Dr. Bhanu Bahl as the Chief Guest for the occasion who is also the Board Member of Vision Builder.

The celebration began with a traditional welcome by our talented Vocational Centre students, followed by the lighting of the lamp by the Chief Guest and our Vocational Centre girls. Our Secretary, Shri Pradeep Kumar, delivered a warm welcome address, after which the Chief Guest officially inaugurated UMANG II, marking a significant milestone in our community programs. The Chief Guest addressed the audience by emphasizing the importance of meditation, guiding all participants through a short meditation session and encouraging them to make it a part of their daily lives. The event continued with a vibrant cultural program by our talented Swagat Kendra children, filling the atmosphere with energy and joy. Shri Pradeep Kumar concluded the event with an inspiring message on the importance of vocational training in fostering self-reliance. He also expressed sincere gratitude to all those involved, especially Vision Builders, for their unwavering support. The event witnessed the participation of over 125 NIPUN children, making it a truly memorable and impactful occasion.





Honouring the Transgender Community on International Women's Day

On the occasion of International Women's Day 2025, we were privileged to participate in the inauguration of the "Vani - Sashakt Awaaz, Shaksham, Samaj", organized by Delhi State Legal Services Authority (DSLSA). The event was graced by esteemed dignitaries, including Hon'ble Mr. Justice K. V. Viswanathan (Judge, Supreme Court of India), Hon'ble Mr. Justice Devendra Kumar Upadhyaya (Chief Justice, Delhi High Court & Patron-in-Chief, DSLSA), and other distinguished members of the judiciary.

It was a proud moment as beneficiaries of our Targeted Intervention project working with the transgender community were provided trainings and were honored with Paralegal Volunteer (PLV) Icards, symbolizing their empowerment and role in ensuring access to justice. This initiative marks a significant step towards inclusion, legal awareness, and strengthening community leadership among transgender individuals. We remain committed to fostering dignity, equality, and rights for all.



Empowering Mothers & Ensuring Child Safety: A Week-Long Celebration at NIPUN Day Care Centers

On the occasion of International Women's Day, NIPUN Day Care Centers organized a weeklong program focusing on two crucial aspects: child safety and mothers' livelihoods. The initiative aimed to educate and empower mothers while ensuring the well-being of their children through interactive discussions and awareness sessions.

Throughout the week, sessions were conducted on child safety, emphasizing the need for a secure and nurturing environment for young children. Discussions also covered the importance of timely immunization, highlighting how vaccinations play a vital role in disease prevention and overall health. Growth monitoring and malnutrition were key focus areas, where mothers learned how to track their children's development and address early signs of nutritional deficiencies.



Another significant aspect of the program was early childhood care and holistic development. Experts provided insights on how early learning, emotional well-being, and proper nutrition contribute to a child's overall growth. By equipping mothers with this knowledge, we aim to foster healthier, safer, and more supportive environment for children.

Walking for Change: Stop Domestic Violence!

On International Women's Day 2025, the women-led community of NIPUN took a powerful step forward—literally! They organized a solidarity walk through the community, raising awareness and advocating to #StopDomesticViolence.

With every step, they sent a clear message: Violence has no place in our homes, our communities, or our society. Together, we stand for safety, dignity, and empowerment for all women.

Let's continue to break the silence, support survivors, and create a future free from violence.



Holi Celebrations 2025

NIPUN-Mahila Panchayat celebrated the festival of colours—Holi—on 13th March 2025 at Bengali Camp, JJ Cluster, with great enthusiasm. During the celebration, participants sang songs in Bhojpuri and Maithili and thoroughly enjoyed the festivities.

They also shared the significance of Holi. The NIPUN team hosted a Gujhiya Party for everyone.

NIPUN wishes you all a very Happy Holi!





Nurturing Young Minds for a Brighter Future!

NIPUN proudly acknowledges the dedication of Ms. Khushi Kannojiya, a student of the National Law School of India University (NLSIU), for successfully completing her 25-day internship with us. Khushi's commitment to social justice was evident in her impactful study on domestic violence among underprivileged women in the J.J. Clusters of the Meera Bagh community.

She organized awareness and education programs and compiled a powerful report titled Project पुकार – सिसकियों की गुहार.

Her sincerity, hard work, and dedication truly made a difference! We wish her all the best in her journey ahead.



Protecting Every Child: Routine Immunization Drive at NIPUN's Day Care Centers

At NIPUN's Day Care Centers in Noida & Greater Noida, we are committed to the holistic development of children from hard working construction worker families. Beyond education and care, we prioritize their health and well-being by ensuring they receive essential immunizations, safeguarding them from preventable diseases.

To achieve this, every child aged from birth to 5 years enrolled in our centers is provided with age-appropriate vaccinations at nearby Public Health Centers. Immunization is a critical step toward ensuring a healthier future, and we leave no stone unturned in making sure each child gets the protection they deserve. Recognizing the concerns and misconceptions around vaccines, we also conduct personalized counseling sessions for parents. These sessions help dispel myths, address doubts, and provide accurate information so families can make informed decisions about their children's health. Here's a glimpse of our recent Immunization Drive, where our team worked tirelessly to ensure that every child received timely vaccinations with care and warmth. Every vaccine administered is a step toward a stronger, healthier future for these young ones.





Celebrating Jal Diwas 2025

On World Water Day (Jal Diwas), observed every year on March 22, our Shiksha Saheli students in South East Delhi took action to spread awareness about the importance of freshwater conservation.

In one of Delhi's most water-scarce regions the South East Delhi, these young changemakers led community rallies, holding placards and chanting slogans to emphasize the need to save water and prevent wastage. Their efforts aimed to sensitize the community about sustainable water management and inspire positive change.

Let's pledge to use water wisely and protect this precious resource!



Workshop on Class Management

NIPUN recently conducted an engaging Workshop on Class Management, starting with prayer and introductions, followed by insightful discussions on key educational topics to the staff of Bal Vatika Project.

Key Highlights includes New Education Policy (NEP) 2020 - A transformative shift in India's education system, focusing on holistic development, flexible learning, and the new 5+3+3+4 structure emphasizing Early Childhood Care & Education (ECCE). Teaching-Learning Methodology & Assessment - Exploring innovative approaches to enhance learning outcomes. Classrooms Management Techniques - Including storytelling, language development, social & physical growth, cognitive and mental development. Story Sessions & Poem Recitation - Interactive strategies to engage young learners effectively. The session provided valuable insights into creating an inclusive and dynamic learning environment for children. Stay tuned for more updates on our initiatives!



A visit from University of Applied Sciences Fachhochschule Erfurt, Germany

We were delighted to host Ms. Reingard Kuhn from the University of Applied Sciences Fachhochschule Erfurt, Germany at NIPUN-Empowering Girl Child and UMANG Vocational Training Centre in West Delhi.

During her visit, she interacted with children and youth, witnessing the transformative impact of our initiatives. She deeply appreciated NIPUN's efforts and commended the dedication and commitment towards empowering underprivileged communities.

Such encouragement fuels our passion to create meaningful change!





World TB Day 2025: "Yes! We Can End TB: Commit, Invest, Deliver"

On World TB Day 2025, NIPUN reaffirmed its commitment to the fight against tuberculosis by organizing awareness programs for youth, women, and the transgender community across all NIPUN Centres.

Through our ongoing interventions Kapashera (South West and Batala (Gurdaspur, Punjab), we are providing essential TB-related services. including linkages with the TB program, ART program, and DOT Centre for High-Risk Groups (HRGs), particularly the transgender community.

Recently, in collaboration Delhi with T.B. Association. we conducted an awareness session at NIPUN Shikha Saheli Proiect. South East Delhi. where we debunked myths and addressed doubts about tuberculosis. Together, let's commit, invest, and deliver to #EndTB!

Healthy Kids, Bright Future!

NIPUN organized a Deworming Camp for the children at our Day Care Center in Noida, catering to the little ones of hardworking construction worker families. Intestinal worms can significantly impact a child's growth, nutrition, and overall health, leading to issues like anaemia and malnutrition.

Through this initiative, we ensured that children received timely deworming medication, helping them stay healthy, active, and better prepared for learning and play. Our team also conducted awareness sessions for parents, highlighting the importance of deworming, hygiene practices, and proper nutrition to prevent infections in the future.

A healthy child today means a stronger future tomorrow!



Empowering the Transgender Community

On March 29, 2025, NIPUN's Targeted Intervention Project in South West District, Delhi, hosted a special community event dedicated to the transgender community. The event began with ceremonial lighting of lamps, followed inspiring by an address by Shri Pradeep Kumar, Founder Secretary of NIPUN. highlighting the challenges. journey. and achievements of the transgender community.

He also congratulated individuals who have successfully rehabilitated themselves and become self-reliant. The event was filled with personal stories, cultural performances, and insightful discussions.



Advocate Shri Sushil Kumar Singh (Delhi Legal Services Authority) educated attendees on legal rights, while Shri Naveen Kumar Kotiya (District Magistrate's Office) shared information about government schemes and the importance of Self-Help Groups under DAY-NULM, fostering sustainable development. The day concluded with expressions of gratitude and a communal lunch, celebrating unity and resilience.

Empowering Girls Through Self-Defence: A Step Towards Safety & Confidence

NIPUN, in collaboration with the West District Legal Services Authority, under the guidance of NALSA and DSLSA, conducted a Self-Defence Training Program for the women of NIPUN Mahila Mandal. This initiative aimed at empowering young girls and community women with practical self-defence techniques, teaching them how to use everyday objects like dupattas, pens, and handbags for protection against potential threats.

Beyond self-defence skills, the training instilled confidence, resilience, and a sense of empowerment, ensuring that adolescent girls and women feel safer and more prepared in challenging situations. A big thank you to NALSA and DSLSA for their invaluable support in making this training possible. Together, we continue to create a safer and more empowered community for women and girls.









Celebrating Excellence & Empowerment!

Heartfelt congratulations to Mx. Rashi Sahu for receiving the Entrepreneur Award at the Durga Awards 2025, organized by the Durga Saptashati Foundation on the occasion of International Women's Day!

Mx. Rashi Sahu is a transgender entrepreneur with whom NIPUN has been working, providing health, social, and other essential services to support her journey. This award is a testament to her dedication, resilience, and remarkable contributions toward women empowerment and uplifting marginalized communities. Breaking barriers and redefining success, she continues to inspire many on the path to self-reliance and entrepreneurship.

Let's celebrate those who are making a difference in society!



APPEAL



NIPUN continues its efforts to achieve its vision i.e. literate, healthy and self-reliant Community through its various programmes. Your support shall strengthen the drive.

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